

## **SWIMMING TIMETABLE FROM JAN 2023**

<u>MONDAY</u>	<u>SESSIONS</u>	
50+ SWIM	9am – 11.15am	
PUBLIC SWIM	11.30am – 1.00pm	1.30pm - 3.00pm
<b>SWIMMING LESSONS</b>	<b>3.30pm – 7.00pm</b>	
<u>TUESDAY</u>	<u>SESSIONS</u>	
PUBLIC SWIM	9.00am – 10.00am(£6/£4)	10.30am – 11.30pm(£6/£4)
	1.30pm – 3.00pm	
<b>AQUA CARE</b>	<b>12.00-1.00pm</b>	
<b>SWIMMING LESSONS</b>	<b>3.30pm – 7.00pm</b>	
PUDDLEDUCKS	09.45am – 11.45am	
<u>WEDNESDAY</u>	<u>SESSIONS</u>	
50+ SWIM	9am – 11.15am	
PUBLIC SWIM	11.30am – 1.00pm	1.30pm – 3.00pm
<b>SWIMMING LESSONS</b>	<b>3.30pm – 7.00pm</b>	
<u>THURSDAY</u>	<u>SESSIONS</u>	
<b>AQUA CARE</b>	<b>9am – 10am &amp; 10.15am – 11.15am</b>	
PUBLIC SWIM	11.45am – 1.15pm	1.45am – 3.15pm
<b>SWIMMING LESSONS</b>	<b>4.00pm – 7.15pm</b>	
ADULT SWIM	7.30pm – 9.00pm	
<u>FRIDAY</u>	<u>SESSIONS</u>	
50+ SWIM	9am – 11.15am	
PUBLIC SWIM	11.30am – 1.00pm	1.30pm - 3.00pm
<b>SWIMMING LESSONS</b>	<b>4.00pm – 6.00pm</b>	
FAMILY FUN	6.15pm – 7.30pm	£5.00 PER PERSON
<u>SATURDAY</u>	<u>SESSIONS</u>	
PUDDLEDUCKS	8.30am – 10.00am	
PUBLIC SWIM	10.00am – 11.30pm	12.00pm – 1.30pm
	2.00pm – 3.30pm	4.00pm – 5.30pm
<u>SUNDAY</u>	<u>SESSIONS</u>	
PUBLIC SWIM	10.00am – 11.30pm	12.00pm – 1.30pm
	2.00pm – 3.30pm	4.00pm – 5.30pm

**PLEASE NOTE THAT BOOKINGS & PAYMENTS ARE REQUIRED FOR EVERY SWIM SESSION**

**PLEASE NOTE TUESDAY 9AM & 10.30AM SESSIONS ARE REDUCED TIMES AND PRICES!**

**15 MINUTES IS ALLOCATED FOR CHANGING ON EVERY SESSION FOR PRICES PLEASE SEE OTHER PAGE**

**SCHOOL HOLIDAY TIMES WILL VARY PLEASE PHONE FOR DETAILS AND BOOKINGS**